

FOG COVID 19 PREVENTION MEASURES

Introduction

These notes describe how FOG meetings will be run during the COVID-19 outbreak. Read them, understand them, and make sure that you follow them. If you have any questions ask a committee member, ideally in advance. They may be updated as guidance from Welsh Government evolves and are up to date as of the WG announcement on the 7th June 2021.

Principles

Our aims are:

1. To prevent any spread of COVID 19 between club members or to third parties, such as the farmer and neighbours.
2. To comply with English and Welsh legal requirements for the management of COVID 19.

Under the current rules in Wales more than 30 people can go to an outdoor space for Regulated Gatherings. FOG will meet on the understanding that there must be no direct contact between members outside of their household groups. Direct contact can be avoided by strict social distancing. Indirect contact can occur through sharing equipment, touching farm gates and helping others to prepare or recover rockets. There are many opportunities to inadvertently spread the virus, some of which are not immediately obvious.

Everyone must bring their own hand sanitiser and other protective materials, wipe down gates, equipment etc, and dispose of their own waste at the end of the day.

Members must consider their own actions carefully at all times to ensure that they are not inadvertently infecting others.

New members are welcome, but there will be limited access to support and mentoring, and any such must take place in a safe and hygienic manner.

Before You Arrive

Stay at home if:

1. If you have any flu-like symptoms or other symptoms associated with Covid-19
2. You are shielding, or in a vulnerable group because of age or a pre-existing medical problem.
3. Any other member of your household is currently diagnosed with Covid-19 or is displaying symptoms.

On Arrival

On arrival and when moving around the site, remember that the virus can be transmitted by touching objects such as farm gates.

The entrance gates to the field will be sanitised by a member of the FOG committee at the end of the day

On the Range

The basic principle is that every household must operate as a self-contained unit. There is shared equipment for launching rockets, and FOG have provided a foot switch to prevent cross contamination. However, there are items like rods, rails, clips which will need to be sanitised by the individual users. When you arrive at the range:

1. You must bring your own hand sanitizer and disinfectant wipes.
2. You must maintain at least 2m between your equipment and anyone else's
3. You must not share your own equipment with people outside your household.

Launching and Recovery.

Preparation: Prepare your rocket on your own. If you require assistance, maintain social distancing.

Inspection by RSO: If the RSO decides that a physical inspection is needed place the rocket on the ground and step back. The RSO will pick up the rocket to inspect it and place it back on the ground. It must be treated as contaminated from that time onwards and hands must be cleaned after touching it.

Control of safety keys: The RSO will hold the safety key which must be sanitised between users.

Padding up: When the RSO is satisfied that all keys have been removed, the rocketeer can move forward to place the rocket on the launch pad.

Launching: Rockets will be launched in sequence directed by the RSO. A normal 5 second countdown will be given for each launch.

Recovery: The rocketeer will recover the rocket as normal. Note members must only recover their own rockets as they may be contaminated.

Recovery poles: These must be sanitised after use.

Anyone deemed to be acting in an unsafe manner will be required to leave the site immediately.

Departure

When leaving the site everyone must take their own belongings back to the car. This includes all waste, including used igniters as well as used wipes etc. After the last person passes through the gate a committee member will disinfect it for the final time.